



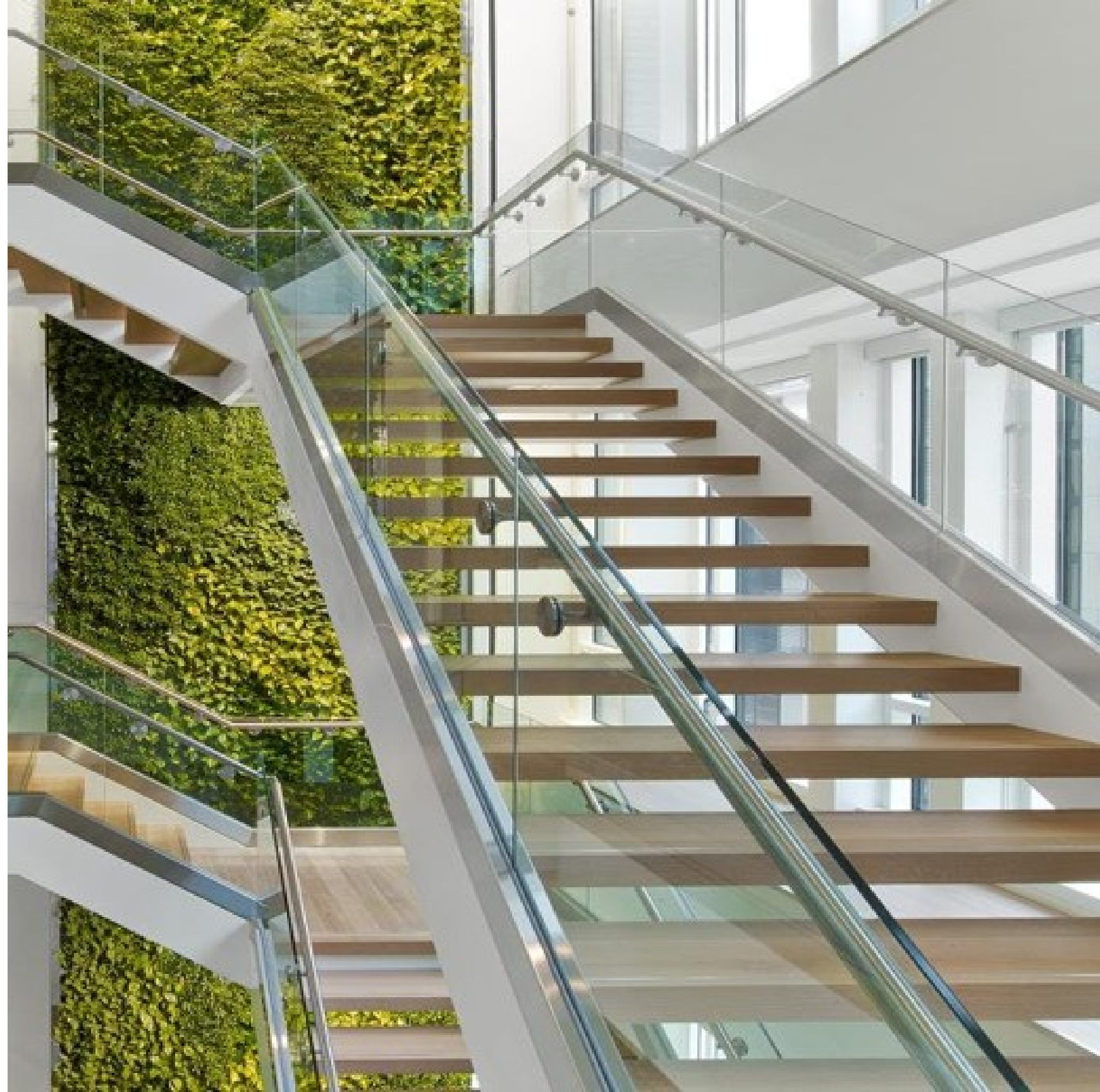
Balancing Data Collection Burden and Comprehensive IEQ Evaluation

Kevin Keene

Pacific Northwest National Laboratory



PNNL is operated by Battelle for the U.S. Department of Energy



Research Background

Healthy Buildings Initiative

Making the case for building energy efficiency: considerations for occupant health and productivity

PNNL Website: <https://www.pnnl.gov/projects/healthy-buildings>

FEMP Website TBA



3-year program, Healthy Buildings Initiative, funded by the Department of Energy Federal Energy Management Program (DOE-FEMP)

Objectives

- Quantify and monetize potential productivity and employee gains.
- Integrate indoor environmental quality (IEQ) outcomes with energy efficiency measures.
- Develop a toolkit to help federal facilities make holistic decisions on building retrofits and operation.

Industry Landscape and Challenges



Business cases and design guides for general healthy building practices

<https://stok.com/financial-case-for-high-performance-buildings/>

https://9foundations.forhealth.org/9_Foundations_of_a_Healthy_Building.February_2017.pdf



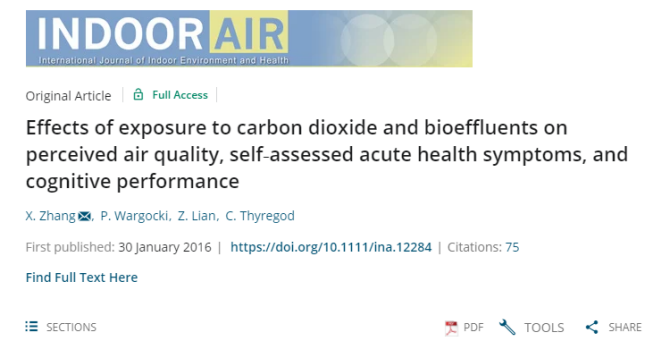
Abstract

The effects on human performance of elevated temperature causing thermal discomfort were investigated. Recruited subjects performed neurobehavioural tests examining different component skills, and addition and typing tasks that were used to replicate office work. The results show that thermal discomfort caused by elevated air temperature had a negative effect on performance. A quantitative relationship was established between thermal sensation votes and task performance. It can be used for economic calculations pertaining to building design and operation when occupant productivity is considered. The relationship indicates that

Controlled laboratory studies on occupants under different IEQ conditions.

<https://www.sciencedirect.com/science/article/pii/S0378778810003117>

<https://onlinelibrary.wiley.com/doi/full/10.1111/ina.12284>



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The purpose of this study was to examine the effects on humans of exposure to carbon dioxide (CO₂) and bioeffluents. In three of the five exposures, the outdoor air supply rate was high enough to remove bioeffluents, resulting in a CO₂ level of 500 ppm. Chemically pure CO₂ was added to this reference condition to create exposure conditions with CO₂ at 1000 or 3000 ppm. In two further conditions, the outdoor air supply rate was restricted so that the bioeffluent CO₂ reached 1000 or 3000 ppm. The same 25 subjects were exposed for 255 min to each condition. Subjective ratings, physiological responses, and cognitive performance were measured. No statistically significant effects on perceived air

Industry Landscape and Challenges

Challenge

How to translate research to a specific building and evaluate the benefits?



Quantitative measurement of productivity loss due to thermal discomfort

Li Lan^{a, b, c, d, e}, Pawel Wargocki^b, Zhiwei Lian^a

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<https://doi.org/10.1016/j.enbuild.2010.09.001>

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Original Article | Full Access

Effects of exposure to carbon dioxide and bioeffluents on perceived air quality, self-assessed acute health symptoms, and cognitive performance

X. Zhang^a, P. Wargocki^b, Z. Lian^c, C. Thyregod^d

First published: 30 January 2016 | <https://doi.org/10.1111/ina.12284> | Citations: 75

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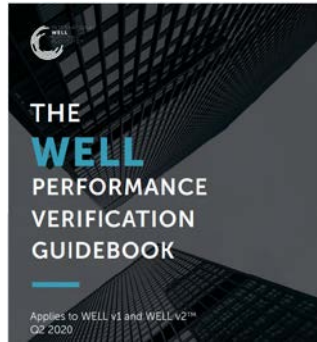
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Industry Landscape and Challenges



WELL Performance Verification Guidebook

- 3rd party certified Testing Agent
- Entire facility, including mechanical spaces, etc.
- Once every three years for recertification

RESET Standard



- Self-guided or Accredited Solutions Provider
- Open workspaces and common areas (not private office, lobby, washroom, or copy room)
- Continuous monitoring with 90% of daily averages meeting threshold to maintain
- Focus on indoor air quality (IAQ), more categories TBD

WELL Performance Verification: <https://a.storyblok.com/f/52232/x/cc341e5b92/well-performance-verification-guidebook-with-q2-2020-addenda.pdf>

RESET Standard: https://reset.build/download/RESET_Standard_v2_0_prerelease_170312.pdf

Industry Landscape and Challenges



Challenge

How to comprehensively evaluate the IEQ performance of a building at a low-cost?

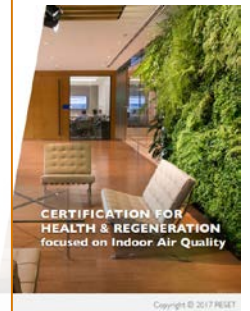
- Duration
- Sample size
- Metrics

- 3rd party certified
- Entire facility, including mechanical spaces, etc.
- Once every three years for recertification

Challenge

IAQ monitoring is especially challenging^[1]:

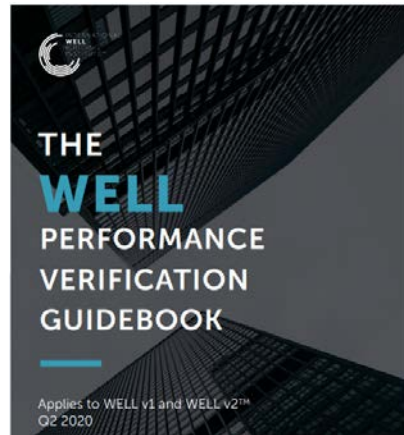
- Inconsistency in IAQ standards and guidelines
- A large number of different pollutants
- Lack of analysis linking pollutants to health effects
- Lack of measurement and monitoring technologies
- Focus on indoor air quality (IAQ), more categories TBD



WELL Performance Verification: <https://a.storyblok.com/f/52232/x/cc341e5b92/well-performance-verification-guidebook-with-q2-2020-addenda.pdf>

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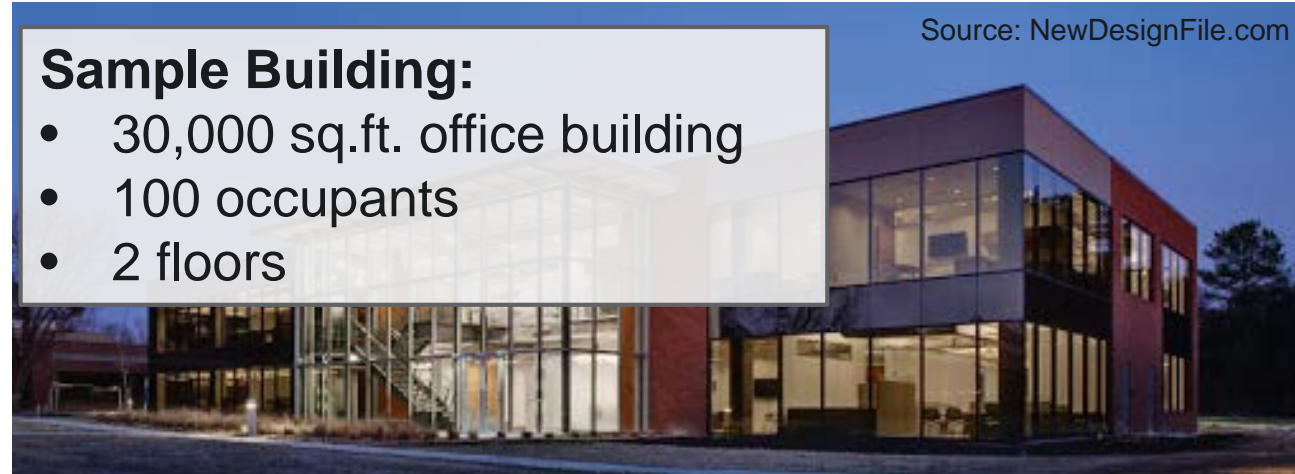
Industry Landscape and Challenges



Sample Building:

- 30,000 sq.ft. office building
- 100 occupants
- 2 floors

Source: NewDesignFile.com



Category	Metrics (prereq.)	Metrics (credits)	Duration	Sample Size
Indoor Air Quality	8	4	1 hour	2
Electric Light	1	0	Spot measure	50
Daylight	0	1	Spot measure	41
Thermal Comfort	3	0	10 minutes	7
Acoustic Comfort	0	4	5 minutes	3

Category	Metrics	Duration	Sample Size
Indoor Air Quality	3	90 days +	6
Electric Light	-	-	-
Daylight	-	-	-
Thermal Comfort	2	Continuously	6
Acoustic Comfort	-	-	-

Pilot Tests

Building A

Vintage: 2017
Size: 26,000 sq.ft.
Location: Northwest
Occupants: 92

Building B

Vintage: 1970
Size: 29,000 sq.ft.
Location: Northwest
Occupants: 80

Building C

Vintage: 1940's
Size: 110,000 sq.ft.
Location: South Central
Occupants: 250

Building D

Vintage: 1917
Size: 764,000 sq.ft.
Location: Mid-Atlantic
Occupants: 2,200

Building E

Location: South Central
Size: ~96,000 sq.ft.
Occupants: 478

Building F

Location: Mid-Atlantic
Size: ~38,000 sq.ft.
Occupants: 188

Building G

Location: Mid-Atlantic
Size: ~115,000 sq.ft.
Occupants: 575

Note

Seven samples is not enough to make sweeping conclusions but offers valuable observations

Pilot Tests

Building A

Vintage: 2017
Size: 26,000 sq.ft.
Location: Northwest
Occupants: 92

Building D

Vintage: 1917
Size: 764,000 sq.ft.
Location: Mid-Atlantic
Occupants: 2,200

Building B

Objective

1. Identify **minimum** sample duration (# of weeks of monitoring) that adequately characterizes building
2. Identify **minimum** sample size (# of sampling locations) that adequately characterizes building

This case study will look at CO₂ and thermal comfort as sample metrics

Note

Seven samples is not enough to make sweeping conclusions but offers valuable observations

Building C

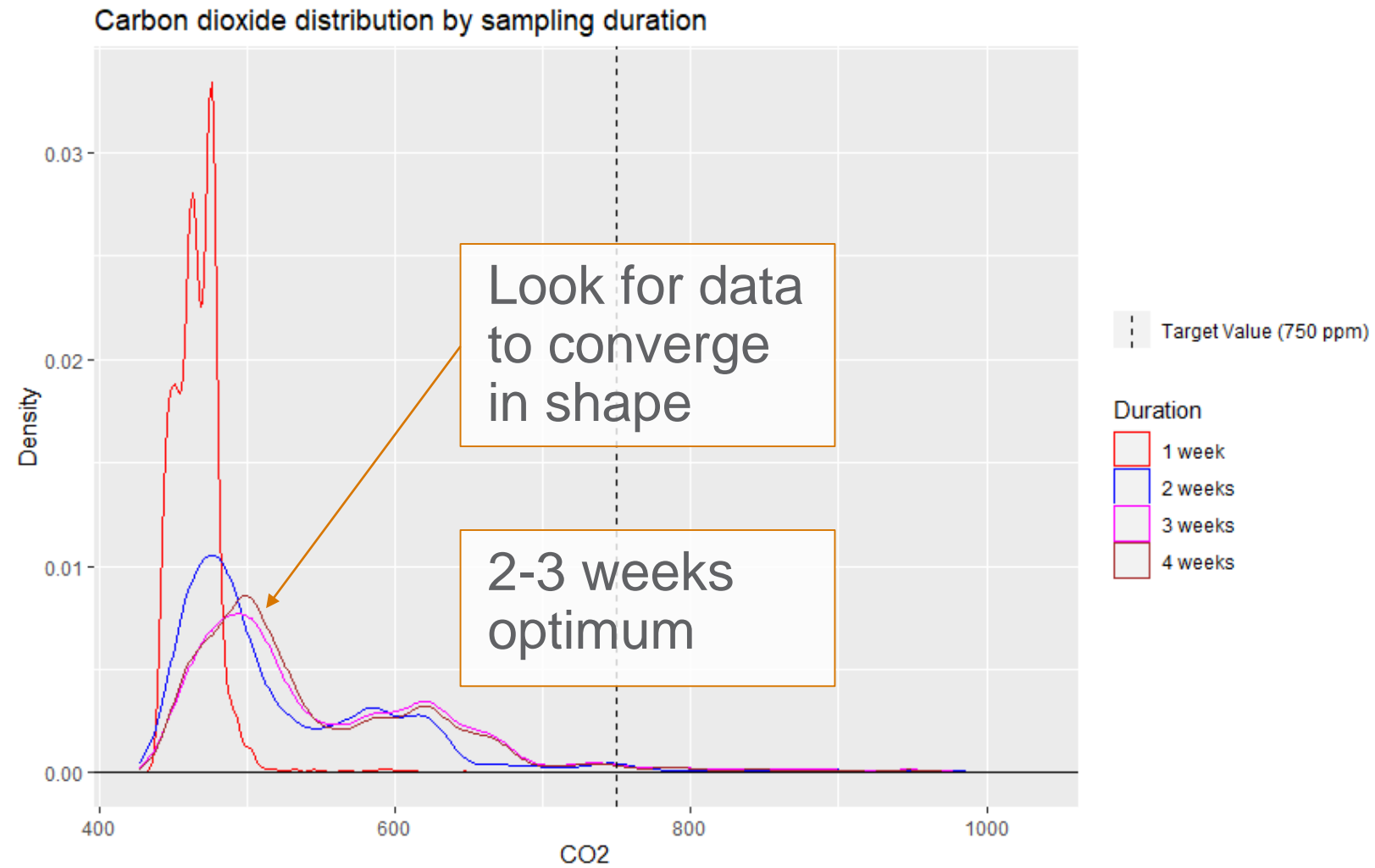
Vintage: 1940's
Size: 110,000 sq.ft.
Location: South Central
Occupants: 250

Building G

Location: Mid-Atlantic
Size: ~115,000 sq.ft.
Occupants: 575

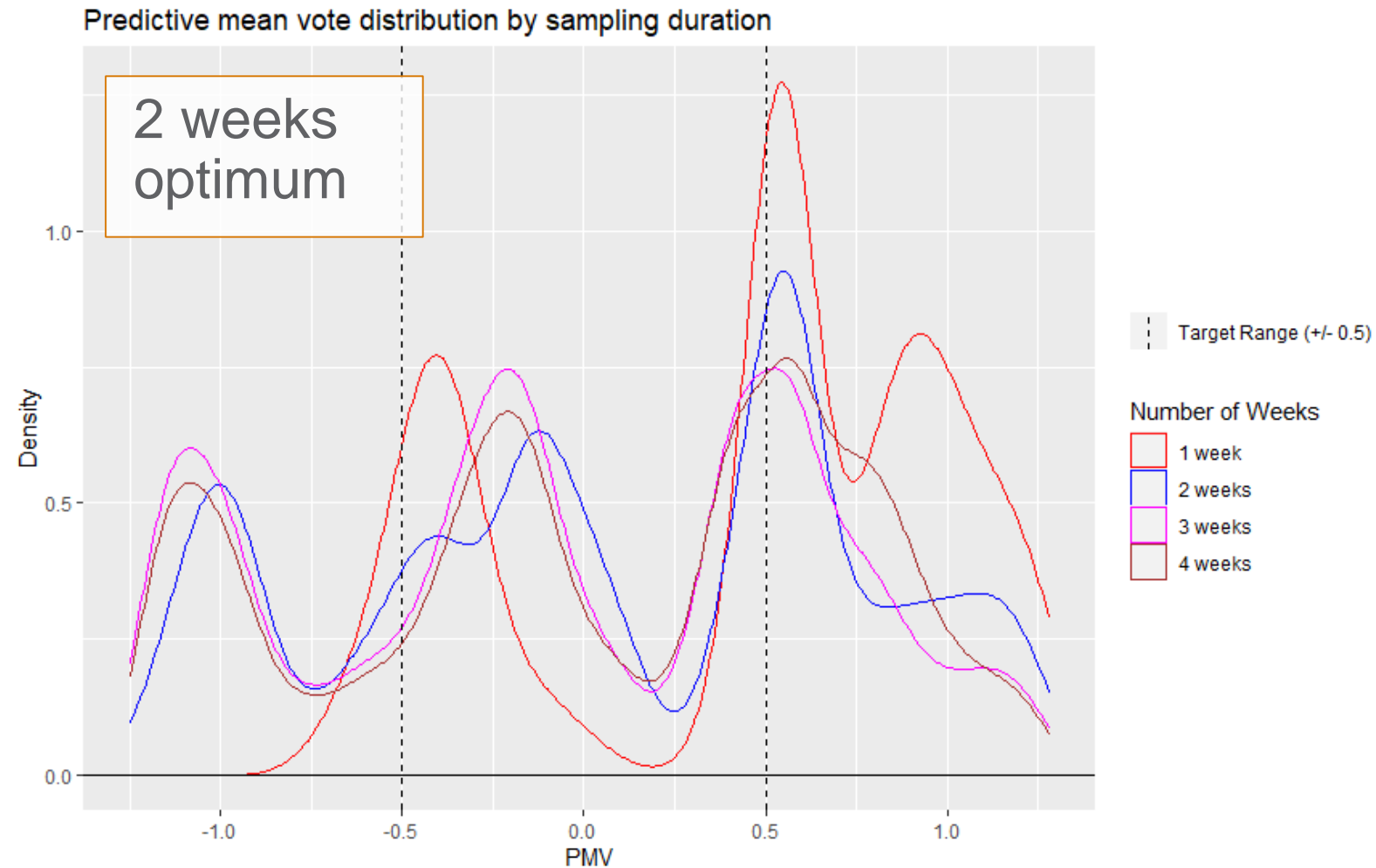
Identifying Optimal Sample Duration – CO₂

Building A



Identifying Optimal Sample Duration – Predictive Mean Vote (PMV)

Building A



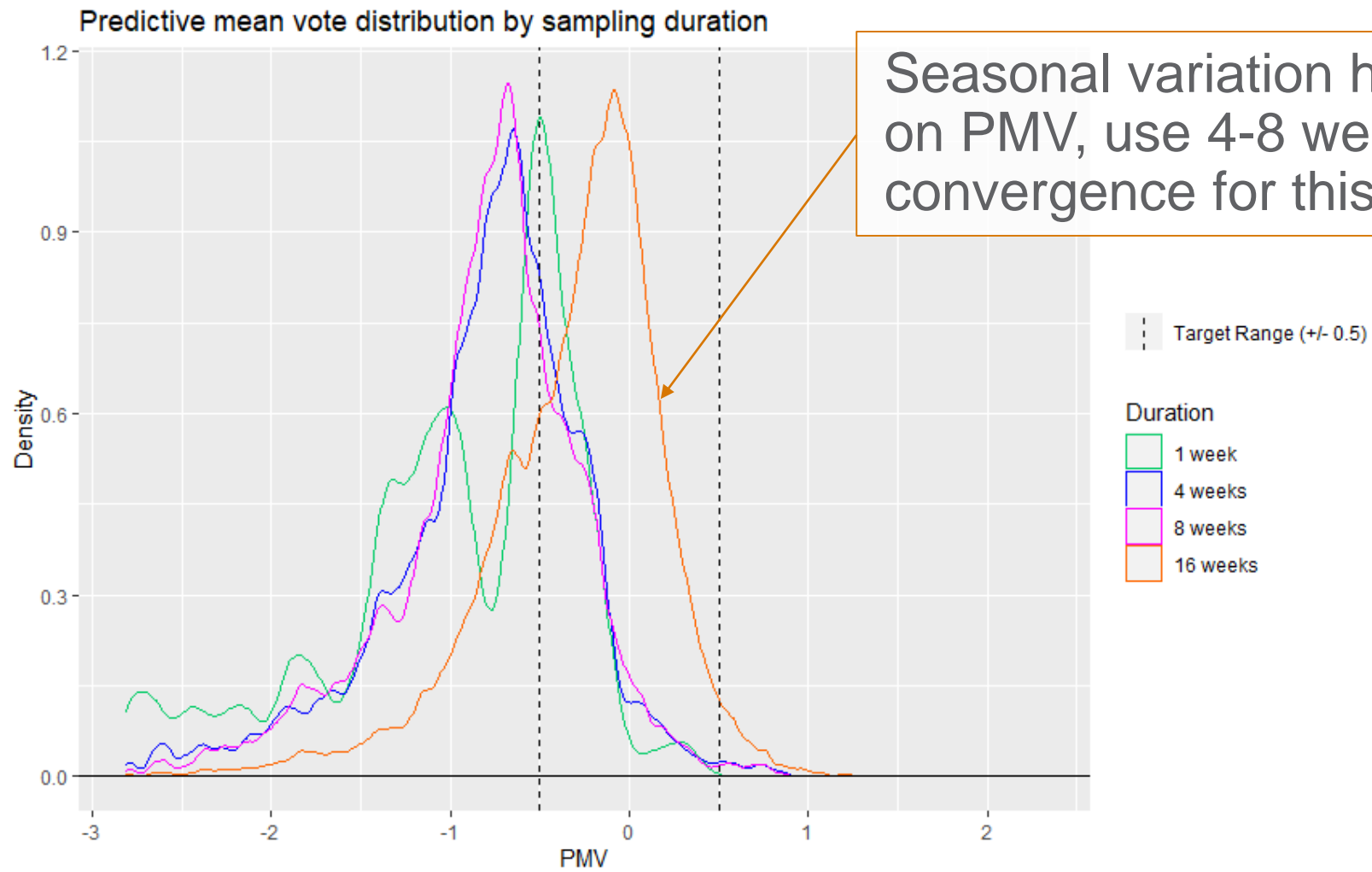
Predictive Mean Vote

PMV is a metric for **thermal sensation** on a scale of -3 (too cold) to +3 (too warm) calculated from temperature, relative humidity, clothing level, metabolic rate, and airflow rate.

The calculations are based on a large sample of empirical human responses. It has been adopted into an ISO standard and ASHRAE Standard 55.

Sample Duration - PMV

Building D



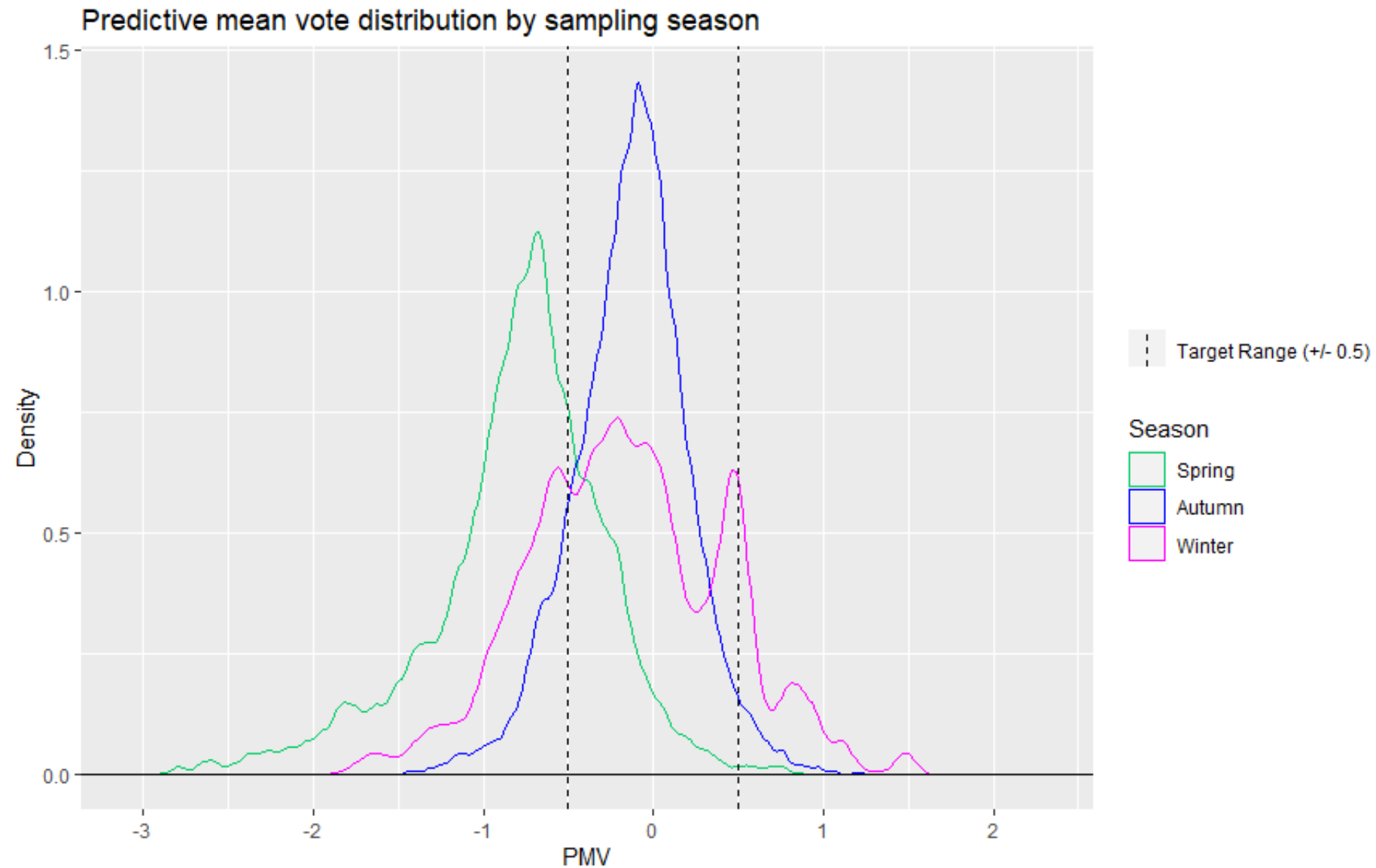
Seasonal variation has impact on PMV, use 4-8 weeks to find convergence for this exercise

Summary of Optimum Sample Duration Investigation

	CO ₂		PMV	
	Duration Available (weeks)	Optimum Duration (weeks)	Duration Available (weeks)	Optimum Duration (weeks)
Building A	4	2-3	4	2
Building B	3	2	3	1
Building C	3	1-2	3	2
Building D	24	1-2	16	2-4
Building E	15	1	15	2-4
Building F	8	2-4	8	2-4
Building G	7	1	-	-
Average		1.8		2.3

Sampling PMV Across Seasons

Building D



Sample Duration Observations

- **Recommend 2 weeks of CO₂ collection**
 - Significantly more than the 1-hour IAQ monitoring duration from WELL and significantly less than the 90-day duration from RESET
 - With only 2 weeks, need to be prudent of non-standard events (holidays, events, etc.)

- **Recommend 2-3 weeks of PMV (temperature, humidity) monitoring and sampling in each season**
 - Significantly more than the 10-minute monitoring from WELL
 - Significant seasonal variation but data in more buildings needed to support observation (only one building collected seasonal data)

Summary of Optimum Sample Size Investigation

	CO ₂			PMV		
	Optimum CO ₂ Sensor Quantity	Optimum Sq.ft. per Sensor	Optimum Occupants per Sensor	Optimum Sensor* Quantity	Optimum Sq.ft. per Sensor	Optimum Occupants per Sensor
Building A	4	7,000	23	4	7,000	23
Building B	2-3	10,000	27	2-3	10,000	27
Building C	3	37,000	83	2-3	44,000	100
Building D	5	153,000	440	10	76,000	220
Building E	2	48,000	239	15	6,000	32
Building F	2	19,000	94	4	10,000	47
Building G	5	23,000	115	20	6,000	29
Average (Buildings < 50k sq.ft.)		21,000	96		8,000	32
Average (Buildings > 50k sq.ft.)		71,000	213		42,000	87

* Sensors measure humidity and temperature and PMV is calculated from those values.

Sample Size Observations

- **Number of optimum sensor locations depends on size of building**
 - About 3-4x more per floor area/occupant in small buildings
 - WELL uses a size threshold and number of stories for sample size requirements
- **PMV needs more locations to reach optimum than CO₂,**
 - About 3x more for small buildings and 2x more for large buildings
- **CO₂ observation is less stringent than the ~5k sq.ft. per sensor in RESET and similar results to WELL**
- **PMV observation is typically less stringent than WELL requirements in small buildings**

Other Lessons Learned from Pilot Studies

- **Occupant preferences are not uniform**
 - We encountered spaces that were kept intentionally dark – excluded from analysis
 - Sometimes thermal comfort survey had different results than IEQ measurements – occupants have varying preferences and survey can be used as validation
- **Focus on areas where people are working**
 - Open offices, enclosed offices, conference rooms
 - Ignore restrooms, corridors, mechanical closets, etc.
- **Lighting samples during night underestimates performance**
 - Better for standards to guarantee performance but reflect occupants' actual experience
 - Weather and season are confounding and therefore more samples needed for exterior locations

Next Steps

- **Collecting data in more buildings: Collaborating with General Services Administration's pilot at Alcohol Tobacco & Firearms HQ**
 - GSA will be collecting data in accordance with the RESET Standard



Thank you



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